



## FEET BEAUTY ROUTINE

SCRUB (50 ML)  
LAVENDER MASSAGE OIL (100 ML)  
NOURISHING DRY OIL (100 ML)



### Informations

Foot massage is an effective way to fight stress. Prolonged pressure on certain areas of the arch of the foot helps relieve stress and offers deep relaxation.

### ROUTINE

1. Clean your feet with the scrub to exfoliate all impurities.
2. With the massage oil, massage your feet to make penetrate the vegetable extracts.
3. Apply the dry nourishing oil to nourish your skin without leaving a greasy finish.

Did you know that ?

Exfoliating your skin once a week helps to encourage cell regeneration.

## Features

This foot beauty routine is composed of three care products & a wooden roller.

The scrub to exfoliate all the impurities of the feet and the arch of the foot, as well as an oil and a massage roller.

Directions for use : After having exfoliated the impurities of your feet with the scrub, use the massage oil to relax your feet. Complete the massage with the roller.

To finish, moisturize your skin with the nourishing dry oil.



Frequency and application area



Twice a week /The Feet

### PHASE 1



Scrub & massage oil

### PHASE 2



Nourishing dry oil



#### Did you know that?

The foot is an area without sebaceous glands sebaceous glands that produce sebum, so the skin is drier there than elsewhere.

Moisturizing your feet every day will soften the skin and prevent the appearance of calluses.

## YOUR LABEL

## FEET BEAUTY ROUTINE

Ingredients : on the following Data Sheets

- Energizing body scrub NCC-CO-037 (Customer Area - Body Cosmetic Technical Sheets)\*.
- Massage oil NCC-CO-046 (Customer Area - Off-Catalogue Technical Sheets)\*.
- Anti-cellulite roller NCC-DE-004 (Customer Area - Devices & Accessories Technical Sheets)
- Dry nourishing oil NCC-CO-031 (Customer Area - Body Cosmetics Technical Sheets)\*..

99% of the total is of natural origin 17% of the total ingredients are from Organic Agriculture

Directions for use : After having exfoliated the impurities of your feet with the scrub, use the massage oil to relax your feet. Complete the massage with the roller.  
To finish, moisturize your skin with the nourishing dry oil.

External use

To be used preferably before the end of the year: see under the box

Your Address

