



FACE YOGA ROUTINE

ROLLER, GUA SHA, RADIANCE SERUM & ANTI-AGING CREAM

Informations

The face is composed of 50 different muscles. Facial yoga is an anti-stress solution that stimulates these muscles and thus brightens the complexion, reduces wrinkles and plumps up the skin.

ROUTINE

1. Clean your face.
2. Apply the radiance serum to your face
3. Use the roller and the gua sha, massage your face in order to make the product penetrate deeply.
4. Apply a drop of anti-aging moisturizer to enhance your skin.

Did you know?

The anti-aging roll-on is a Chinese skincare tool that has been used for thousands of years, designed to have a cooling and soothing effect on the skin. It promotes lymphatic drainage and helps stimulate collagen production.

Features

This YOGA FACE routine is based on four products:

The Gua Sha and the roller, two massage instruments known for their firming virtues as well as a radiance serum and an anti-aging cream.

Directions for use: After applying the radiance serum to your face, massage it into your skin with the Gua sha and the roller. Apply then a little bit of moisturizing anti-aging cream and to mass delicately until total penetration of the product. Convenient for all types of skin.



Frequency and application area



Twice a week / Face

PHASE 1



Roller & Gua sha

Lightning sérum

PHASE 2



Anti Aging cream

Did you know?

You can start doing facial yoga in your 20s, with one to two weekly sessions of only weekly for only five to ten minutes, to prevent wrinkles and sagging skin.

YOUR LABEL

YOGA FACE ROUTINE

Ingrédients : check the technical Data Sheets :

- Anti-aging roll-on NCC-DE-002 and Gua-Sha
- NCC-DE-003 (Customer Area - Devices Technical Sheets)
- Radiance Serum NCC-CO-009 (Customer Centre - Cosmetic Face Technical Sheets) *
- Anti-aging cream NCC-CO-005 (Customer Centre - Cosmetic Face Data Sheets) *.

* 99% of the total is of natural origin 17% of the total ingredients are from Organic Agriculture

Directions for use : After applying the radiance serum on your face, make it penetrate your skin thanks to the Gua sha and the roller. Apply then a hazelnut of moisturizing cream anti-age and to mass delicately until total penetration of the product. Advised for all types of skin.

External Use

To be used preferably before the end: see under the box

Your address

